THE DAILY

ROAD

GUIDEBOOK





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GETTING STARTED

While many desire to have more interaction with God's Word, we realize people often struggle with the skill or will to consistently engage with the Scripture. That is why we have designed The Daily Road. It is a simple framework to help you gain courage to approach the scripture and give you focus and depth to your time no matter where you are in your walk with Christ. This framework will work for you if you have 10 minutes or 1 hour.

THE DAILY ROAD FRAMEWORK UTILIZES THE ACRONYM R.O.A.D. (READ, OBSERVE, APPLY, DISCUSS) TO GUIDE YOU THROUGH YOUR TIME IN THE SCRIPTURE.

While following the ROAD framework, we encourage you to write down your observation and thoughts in a journal. This will help you stay focused and solidify all God is teaching you.

This Guidebook is designed to help you better understand the ROAD acronym. We want to equip you with tips and tricks to feel comfortable tackling God's word on your own.

To further help, we encourage you to take advantage of The Daily Road Journal and the video tutorials available at **keystonelife.com/dailyroad**.

Our deepest desire is to to help you know and follow Jesus. The greatest tool in our hands to accomplish this task is God's word. Let's get started!

THE DAILY ROAD FRAMEWORK



Read through your passage slowly giving yourself space to meditate on the words of God. God will draw your attention to certain words or verses. Write these in your journal to focus your time.



OBSERVE

What observations can you make about this passage? Consider the audience, context of the passage, genre and tone, repetitive and descriptive words, and commands.

Based on what you have observed, what is is the overall message the Spirit is emphasizing for you in this passage?



APPLY

Now it's time to get personal and practical. How can you align your actions, attitudes, choices, and beliefs with the truth of today's scripture? Write out how this scripture applies to you today.



DISCUSS

Take all you have meditated on and bring it before God in prayer. As you discuss with God, he may reveal more insights to you. Feel free to write out your prayers or just pray silently.

Take what God has shown you and discuss it with others for encouragement, confession, and accountability.





APPROACHING GOD'S WORDS CAN BE INTIMIDATING, BUT NO MATTER YOUR BIBLICAL KNOWLEDGE, THE FIRST STEP IS THE EASIEST. WE SIMPLY HAVE TO PICK UP GOD'S WORD AND READ IT.

PROMPT

Read through your passage slowly giving yourself space to meditate on the words of God. God will draw your attention to certain words or verses. Write these in your journal to focus your time.

TAKING IT DEEPER

There is no need to complicate it; your simple goal is to read the text. A strategy that may help you is to read straight through one time. Then slowly re-read the verse or phrases that stick out to you and write this text into your journal.

TIPS AND TRICKS

- Find an environment that minimizes distractions.
- Prepare your heart in prayer before you read. Listening to a worship song can help.
- Mark or underline verses and phrases that stick out.
- · Listening to the text in an app can help you understand better.
- Have a plan. If you need help knowing what to read check out the "Reading Plans" section.



NOW THAT YOU HAVE READ THE PASSAGE, THE MAJORITY OF YOUR TIME WILL BE SPENT IN OBSERVATION. BY ENGAGING IN OBSERVATION YOU WILL BE BUILDING YOUR BIBLICAL KNOWLEDGE AND GIVE A FOUNDATION FOR THE SPIRIT TO USE THE TEXT IN YOUR LIFE.

PROMPT

What observations can you make about this passage? Consider the audience, context of the passage, genre and tone, repetitive and descriptive words, and commands.

Based on what you have observed, what is is the overall message the Spirit is emphasizing for you in this passage?

TAKING IT DEFPER

The goal of observation is two-fold:

- 1. Make observations about the text and its original meaning.
- 2. Observe how the Spirit is emphasizing this truth in your life today.

OBSERVING THE TEXT

The first step is to find what the author meant in the original context it was written. The following questions can be helpful to guide your observation.

- What is the genre of the text (Old Testament History, Wisdom Literature, prophecy, gospels, New Testament Letters)?
- What is the context (Author, Audience, Reason for Writing)?
- Are there any repeating words?
- What are the verbs and commands in the passage?
- What guestions are unanswered for you?
- What is the overall message of this passage?

OBSERVING THE SPIRIT'S WORK IN YOU LIFE

As you make observations about the meaning of the text, how is the Spirit emphasizing this in your own soul? Identifying what the Spirit is emphasizing from all you have observed is a critical step in allowing the word of God to be active in your life. Put into words what the Spirit is showing you and write it in your journal.

TIPS AND TRICKS

- Bullet out all your observations in your journal.
- Don't let an unanswered question keep you from a truth God is speaking to you.

- Use a different translation to help bring clarity to unclear passages. If there is content you don't understand, a study Bible is often helpful. See "Additional Resources" for translations and study Bible suggestions.





GOD'S WORD IS ALIVE, AND IT CHANGES EVERYTHING. THE GOAL OF THE APPLICATION STEP IS TO TAKE THE KNOWLEDGE WE HAVE LEARNED ABOUT GOD IN THE FIRST TWO STEPS AND AND USE IT AS FUEL FOR US TO FOLLOW HIM WITH OUR LIVES.

PROMPT

Now it's time to get personal and practical. How you can align your actions, attitudes, choices, and beliefs with the truth of today's scripture? Write out how this scripture applies to you today.

TAKING IT DEEPER

As you think through how to apply God's word, be specific. The more general you are in your application, the less transformation you will see in your life. Write out what you can specifically do today to align your life with the truth God has shown you. Over time, your simple and small steps of obedience day after day will produce the godliness you desire.

The following questions may help you determine how to apply the truth the Spirit is showing you.

- Is there an action or behavior you need to change?
- Is there a heart attitude that needs to be adjusted?
- Is there a truth you need to believe?

Be sure to write down in your journal how you are going to apply the passage.

TIPS AND TRICKS

- Avoid trying to apply the text to other people lives. Make it personal to you.
- · Create applications you can actually do and a plan to do them.
- Don't let guilt and shame overwhelm you when you realize areas of your life that need to change.
- Apply the forgiving realities of the gospel to what God is showing you.



NOW THAT YOU HAVE READ, UNDERSTOOD, AND APPLIED THE SCRIPTURE, SPEND TIME WITH GOD AND OTHERS DISCUSSING WHAT HE HAS SHOWN YOU. IT IS IN THIS STEP THAT WE CAN BUILD INTIMACY WITH GOD AND COMMUNITY WITH OTHERS.

PROMPT

Remember, prayer is a two-way conversation with God; look at it as a discussion. Take all you have meditated on and bring it before God in prayer. As you discuss with God, he may reveal more insights to you. Feel free to write out your prayers or just pray silently

Take what God has shown you and discuss it with others for encouragement, confession, and accountability.

TAKING IT DEEPER

DISCUSSING WITH GOD

During your time reading the Bible, God has communicate with you through his word. Now it is your turn to enter into the discussion with him by communicating your heart.

Depending on the content of the text and your life, there are a variety of postures your prayers may take. Let your heart cry out with:

- Praise
- Confession
- Gratitude
- Sorrow
- Requests

DISCUSSING WITH OTHERS

God builds our lives in the context of relationships. As you move from your time with God, consider sharing what God is showing you with others. You may need to encourage someone with the word God has shown you, or you may need accountability to be faithful to the Lord, or you may just need to talk about what God has shown you to help you remember. Invite others into your walk with God.

TIPS AND TRICKS

- Practice both writing out your prayers and praying silently to see which method helps you stay focused.
- Bullet out your prayers in your journal
- Use this as a time to pray for others as well as yourself.
- Send a text to encourage someone with the truth God has shown you.
- · Invite people to help you even if it is scary for you to open up to others.



TRANSLATIONS

In the modern era, there are many excellent translations. Below are three we recommend. You should be able to view all of these with free apps such as the Bible app. Once you have landed on a translation, we encourage you get a physical copy of your Bible in order to make notes and marks in your personal copy of the Scripture.

ENGLISH STANDARD BIBLE (ESV)

The ESV is the primary translation we use at Keystone. It is a word-by-word translation from the original text and so is a faithful and true translation.

CHRISTIAN STANDARD BIBLE (CSB)

The CSB is another recommended translation for those who find the ESV a little difficult and clunky to read. The CSB translates Scripture into the clearest possible modern English, while being faithful to the original languages.

NEW LIVING TRANSLATION (NLT)

If you are finding difficulty comprehending the biblical text, the NLT may be an excellent option for you. By using a paraphrase translation, it renders the text very readable and understandable.

BIBLE STUDY RESOURCES

ESV STUDY BIBLE

The ESV Study Bible is an excellent resource for students of the Bible. It gives background on every book in the Bible and provides notes on many verses, especially those verses and passages you may have questions about. We encourage every person who wants to understand the Scripture more clearly to have this resource in their library.

THE BIBLE PROJECT

The Bible Project offers short and memorable videos on every book of the Bible. This is your go-to source to get the overview of any book of the Bible. **www.thebibleproject.com**

JOURNEY INTO GOD'S WORD

by J. Scott Duvall and J Daniel Hays

If you are wanting to sharpen your skills in observation, "Journey into God's Word" is a go-to book that will sharpen your skills to understand and apply the Bible.



CHURCH-WIDE FOCUS

A different points throughout the year, we will encourage everyone in Keystone to read and meditate on the same passages. When we do this we will communicate and pass out the dates and passages so everyone can participate.

BOOK-BY-BOOK

A preferred and simple plan for your daily Bible reading is to read book-by-book. This strategy is both rewarding by finishing books in the Bible, but also reproducible because you can move to new books you have not read.

DETERMINE A BOOK TO READ.

What is a book you've always wanted to read? You cannot make a wrong choice! Ask a friend or mentor for recommendations. If you are still unsure, consider The Gospel of John, The Gospel of Mark, or Philippians.

2. READ A CHAPTER OR SECTION AT A TIME.

If you are in a longer book, you may want to read a chapter at a time, if you are in a shorter book, you can choose to read between the section headings found in your Bible.

3. RINSE AND REPEAT.

Once you finish a book, find a new one and repeat the process.

SHORT-TERM PLANS

While reading through the Bible book-by-book is a rewarding and reproducible practice, there are times when focusing on a specific topic or a short-term goal will help us in our Scripture engagement.

Look through the following short-term and topical reading plans and pick one that will encourage you in the season you find yourself.

14-DAY PLANS

14 DAYS ON THE LIFE AND TEACHINGS OF CHRIST From his birth to his resurrection, spend 14 days reading about the life and teachings of Christ. □ Luke 1 Matthew 6 Matthew 26 □ Luke 2 Luke 15 Matthew 27 John 3 ☐ Mark 1 John 20 ■ Mark 9 □ John 14 Luke 24 ☐ Matthew 5 □ John 17 14 DAYS ON THE LIFE AND TEACHINGS OF PAUL From his conversion on the road to Tarsus, to his missionary journeys, to his fundamental teachings in the letters he wrote, spend 14 days reading about the life and teachings of the Apostle Paul. □ Acts 9 Acts 28 1 Corinthians 15 □ Acts 16 Romans 3 Galatians 5 □ Acts 17 Romans 7 ■ Ephesians 3 □ Acts 26 Romans 8 ☐ Philippians 2 1 Corinthians 13 □ Acts 27 14 OF THE OLD TESTAMENT Dive in and get a 14-day overview of the Old Testament, From Creation to the Prophets this plan is short, but is a quick way to get an overview of the Old Testament. Genesis 1 ☐ 1 Samuel 17 Psalm 51 Genesis 3 □ 2 Samuel 11 Isaiah 40 Genesis 22 ■ 2 Samuel 12 Daniel 6 ☐ Exodus 3 ☐ 1 Kings 18 ☐ Amos 4 ☐ Fxodus 20 □ Job 38 14 DAYS ON BECOMING A CHRISTIAN Are you a seeker questioning the Christian faith, or do you want to be reminded of the grace given to us by Christ in Faith? Spend 14 days reading the scripture that shows us how to become a Christian. \Box Genesis 3 John 10 Galatians 3 ☐ Isaiah 52 □ Acts 8 Ephesians 2 ☐ Isaiah 53 □ Acts 26 1 Peter 1 2 Peter 1 ☐ Luke 15 Romans 3 Romans 5 John 3



14 DAYS ON THE LIFE AND TEACHINGS OF PAUL

his	crowning achievement,	mar	d the heavens and the and woman. Spend 14 s it, but will also one day	day	ys reading about this
	Genesis 1 Genesis 2 Proverbs 8 Genesis 7 Job 38		Job 39 Job 40 Psalm 8 Psalm 98 Psalm 104		Isaiah 40 Romans 8 Isaiah 65 Revelation 22
Spe	end 14 days encounterin	gav	E OLD TESTAMEN rariety of men in the Old	Test	ament. From the likes
	Gideon, Samuel, Isaiah, couraged.	Elija	h, Jeremiah, Daniel, and	d mo	ore, your faith will be
	Judges 6 Judges 7 1 Samuel 3 1 Kings 3 1 Kings 19		2 Kings 5 Isaiah 6 2 Kings 18 2 Kings 19 2 Chronicles 34		Nehemiah 2 Jeremiah 38 Daniel 1 Daniel 5
Fro	14 DAYS WITH PRAYERS OF THE BIBLE From the deep cries of help from the Psalms to the prayers offered up by the men of faith all throughout Scripture, spend 14 days reading through prayers in the Bible.				
	Genesis 18 Exodus 15 Exodus 33 2 Samuel 7 1 Kings 8				Habakkuk 3 Matthew 6 John 17 Colossians 1
Jus free	eing the Jews from Egyp	neme tian	STICE e in both the New and Old bondage or the teaching days reading about Soc Isaiah 5 Isaiah 58 Jeremiah 34 Amos 2 Amos 6	; in t	he New Testament on
14	DAYS ON THE HO	LY :	SPIRIT		
			ber of the Trinity and is o		to our Faith. Spend 14
	Judges 14 1 Samuel 10 Matthew 3 John 14 John 16		Acts 2 Acts 10 Romans 8 1 Corinthians 2 1 Corinthians 12		1 Corinthians 14 Galatians 5 Ephesians 4 1 John 4

14 DAYS ON THE LIFE OF ABRAHAM, ISAAC, AND JACOB God promised Abraham that he would be the father to many nations. Read the exciting story of how God brought about his promise in the first 3 generations of the Hebrew Nation. Genesis 12 Genesis 19 Genesis 29 Genesis 13 Genesis 22 Genesis 31 Genesis 15 Genesis 24 Genesis 32 ☐ Genesis 17 Genesis 27 Genesis 33 ☐ Genesis 18 ☐ Genesis 28 14 DAYS ON THE LIFE OF DAVID Shepherd boy, victorious warrior, mighty king, and humbled sinner. We can learn many lessons from this man after God's own heart. Spend 14 days reading with David. 1 Samuel 16 1 Samuel 22 2 Samuel 12 1 Samuel 17 2 Samuel 13 \Box 1 Samuel 24 □ 2 Samuel 15 1 Samuel 18 2 Samuel 6 ☐ 1 Samuel 20 ☐ 2 Samuel 7 ☐ 2 Samuel 18 1 Samuel 21 2 Samuel 11

14 DAYS ON THE LIFE OF MOSES AND THE EXODUS

Burning Bushes, plagues, and 40 years in the wilderness. Spend 14 days reading about the life of Moses, a man God used to set his people free.

Exodus 2	Exodus 14	Deuteronomy 1
Exodus 3	Exodus 16	Deuteronomy 2
Exodus 4	Exodus 19	Deuteronomy 4
Exodus 7	Exodus 32	Deuteronomy 31
Exodus 12	Numbers 14	

14 DAYS ON WOMEN IN THE BIBLE

Spend 14 days encountering women of the Bible. From Eve, Sarah, Rebecca, Esther, Mary and others, your faith will be encouraged.

	Genesis 2 Genesis 18 Genesis 24	Ruth 1 1 Samuel 1 1 Kings 17		Esther 4 Luke 1 Luke 2
_	Genesis 27	1 Kings 21	_	John 11
	Judges 4	Esther 2		



30-DAY PLANS

30 DAYS FOR NEW CHRISTIANS

Are you new to the faith? Do you want to be reminded about the basic tenets of the Christian faith? Spend 30 days reading through highlighted sections of the Bible to see God's redemptive work in action.

Matthew 5:17-20; Romans 8:1-4 Genesis 3:1-19 Genesis 28:10-15; 32:22-28 John 3 ☐ Exodus 20:1–17 John 18:1-11 □ Leviticus 5:14-19 Luke 23:44-24:12 ☐ Leviticus 20:7–27 Hebrews 1 ☐ Deuteronomy 11:13-21 Romans 1:18-32 Judges 2:10-19 Romans 2:5-11 1 Samuel 8 Romans 3:9-26 1 Samuel 15:17-23 Romans 5:12-21 Jeremiah 1-17 Romans 8:1-17; Galatians 5:16-26 Ezekiel 20:5-26 Romans 12 ■ Jeremiah 23:1-6; Isaiah 9:6-7; □ 1 John 1–2 Zechariah 9:9-10 □ 1 Peter 1-11 ☐ Luke 2:1-20 □ 1 John 3:11-24 John 1:1-18 2 Corinthians 5:1-10; ■ Matthew 9:1–8; Luke 13:10–17 Revelation 21:1-4

30 DAYS WITH JESUS

Mark 9:14-32

From the prophecy to his birth, miracles, parables, and his teachings, spend 30 days diving into the life and teachings of Christ.

Isaiah 53 Matthew 17:24—18:20 Matthew 1:18-25 Matthew 18:21-19:15 Matthew 3:1-4:11 Mark 10:17-31 John 2:1-11; John 4:1-26 Luke 10:1-24 □ Luke 4:14-30 Luke 10:25-37 ☐ Luke 5:1–11; Matthew 9:9–13 Luke 11:1-13 Luke 6:17-46 John 11:1-44 ■ Matthew 8:1-13: Matthew 21:1-27 Luke 7:11-17: 7:36-50 John 13:1-17: Matthew 26:17-35 ■ Matthew 12:1–13: 22–45 John 14-15 Matthew 13:1-43 Matthew 26:36-75 John 18:19-19:16 □ Luke 8:22–25; Mark 6:45–56 ■ Mark 5:1-43 John 19:17-42 ☐ John 6:1–14 ☐ John 20–21 □ Luke 9:18–27: Luke 17:1–8 ■ Matthew 28:16-20:

Luke 24:50-53

30 DAYS THROUGH THE GOSPELS

The Gospels (Matthew, Mark, Luke, and John) are the New Testament books that contain the life, ministry, and teaching of Christ. In this plan, you will read all the Gospels in 30 days by reading 3 chapters a day.

Matthew 1-3	Luke 2-4
Matthew 4-6	Luke 5-7
Matthew 7-9	Luke 8-10
Matthew 10-12	Luke 11-13
Matthew 13-15	Luke 14-16
Matthew 16-18	Luke 17-19
Matthew 19-21	Luke 20-22
Matthew 22-24	Luke 23-24; John 1
Matthew 25-27	John 2-4
Matthew 28; Mark 1-2	John 5-7
Mark 3-5	John 8-10
Mark 6-8	John 11-13
Mark 9-11	John 14-16
Mark 12 -14	John 17-19
Mark 15-16; Luke 1	John 20-21

7-DAY TOPICAL PLANS

7 DAYS ON MARRIAGE

☐ Genesis 2:18-25

Marriage is one of God's greatest gifts to mankind. It can be hard or a blessing. Spend 7 days discovering God's design, roles for the man and wife, and the importance of marriage.

Mark 10:7-9; Matthew 19:6; Malachi 2:13-14
1 Corinthians 7:1-16
1 Corinthians 7:25-40
Ephesians 5:25-33; Proverbs 18:22; 1 Corinthians 7:2
Ephesians 5:22-23: Proverbs 14:1: Proverbs 12:4: Proverbs 19:13-14:

Proverbs 25:24; Proverbs 21:19

☐ Hebrews 13:4; Proverbs 5:15-19; Ecclesiastes 9:9

7 DAYS ON FACING FFAR

We all come to moments where we are paralyzed with fear. The Bible gives us hope that God is with us and we can live courageous lives. Spend 7 days facing your fear and gaining courage.

Joshua 1:1-9
Isaiah 41:8-13
Matthew 6:26-34
Psalm 27
Psalm 34:4-7
Isaiah 43:1-2
Proverbs 3:5-6; Proverbs 3:25-26; Proverbs 1:33

7 DAYS ON FACING TRIALS AND SUFFERING

Are you going through trials or suffering? Spend 7 days reading scripture toencourage you as you walk through your trials. You will be encouraged that no matter how hard your journey is, God is with you.

1 Peter 4:12-13; Romans 8:18-23; John 16:33
1 Peter 1 6-7; Job 23:9-11
James 1:2-4; James 5:7-12; 2 Timothy 2:3
Jeremiah 10:23; Isaiah 43:1-3; Psalm 23:4
James 1:12-14; 2 Corinthians 4:16-18
Isaiah 40:29-31; 2 Corinthians 1:3-4
Psalm 27:1-6

7 DAYS ON FORGIVING OTHERS

Forgiving those who have hurt you deeply is hard; It seems easier to hold a grudge
or sweep it under the rug. Spend 7 days searching the scripture and discover the
importance and power to forgive others.

	Matthew 18:21-35
5	Matthew 6:9-15
	Colossians 3:12-13; Ephesians 4:32
	Matthew 5:23-24
	Ephesians 4:1-4
	1 Corinthians 13:4-8

7 DAYS ON FINDING GOD'S WILL

Are you looking for God's will in your life? Spend 7 days looking at God's general will and be encouraged to press into him to seek answers about the next steps you need to take in your life.

_	Deuteronomy 5:29; Proveros 4:25-27; Isalan 55:8; James 5:17
	Psalm 135:6; Jeremiah 51:15-16; Isaiah 55:11; Psalm 115:3
	Ephesians 5:2-17
	1 Thessalonians 4:1-5
	Proverbs 3:5-6; Jeremiah 6:16; Romans 12:1-2; James 4:13-15
	Isaiah 25:1; Isaiah 42:16; Jeremiah 29:11-13
	Psalm 138:8; Jeremiah 10:23-24; Isaiah 14:24

7 DAYS ON MONEY

Isaiah 63:7-9

Debt, greed, excess, poverty, tithing. Money is a great thing, but there are so many ways to go wrong with it. Spend 7 days getting the Scriptures perspective on your money and how you should spend it.

Deuteronomy 8:10-18; Matthew 6:24; Hebrews 13:5
Romans 13:6-8; Proverbs 22:7
1 Chronicles 29:11-12; Deuteronomy 8:18; Proverbs 10:22; 1 Timothy 6:17
Proverbs 15:16; 1 Timothy 6:9-10; Matthew 6:19-21
Proverbs 3:9-10; 2 Corinthians 9:7; Malachi 3:8-10
Luke 6:30-36; Psalms 112:4-9
Matthew 6:1-4: Matthew 6:19-34



